

# COLORADO CONGRESSIONAL DISTRICT 4

- Representative Buck -



## *Rural Health Clinics*

- Rural Health Clinics (RHCs) are federally certified facilities located in non-urban healthcare professional shortage areas.
- RHCs must be staffed by at least one nurse practitioner, physician assistant or certified nurse midwife, who must be on-site to see patients at least 50% of the time.
- Often the only medical facility in rural communities, RHCs depend on sound business practices, Medicare, Medicaid, private insurance, and minimal grant funding to keep their doors open.
- The 49 RHCs across Colorado provide primary care services to an estimated 130,000 adults and children annually.

## *Rural Health Clinics in Your District*

22

Akron Clinic, Akron  
Arkansas Valley Medical Clinic, La Junta  
Brush Family Clinic, Brush  
Centennial Family Health Center, Ordway  
Eads Medical Clinic, Eads  
Family Care Clinic, Sterling  
Family Practice of Holyoke, Holyoke  
Fort Morgan Pediatric Clinic, Fort Morgan  
Kit Carson Clinic, Kit Carson  
Lamar Medical Clinic, Lamar  
Las Animas Family Practice, Las Animas

Mt. San Rafael Hospital Clinic, Trinidad  
Parke Health Clinic, Burlington  
Prairie View Clinic, Cheyenne  
Rocky Ford Family Health Center, Rocky Ford  
Southeast Colorado Physicians Clinic, Springfield  
Stratton Medical Clinic, Stratton  
Trinidad Family Medical Center, Trinidad  
Valley Medical Clinic, Julesburg  
Walsh Medical Clinic, Walsh  
Washington County Health Clinic, Akron  
Yuma Clinic, Yuma

## *Critical Access Hospitals*

- Critical Access Hospitals (CAHs) are small, rural hospitals that have a maximum of 25 beds.
- The CAH Program was created by Congress in 1997 to support the fragile rural healthcare system.
- The 29 CAHs across Colorado provide local integrated health delivery systems including acute, primary, emergency and long-term care.

## *Critical Access Hospitals in Your District*

12

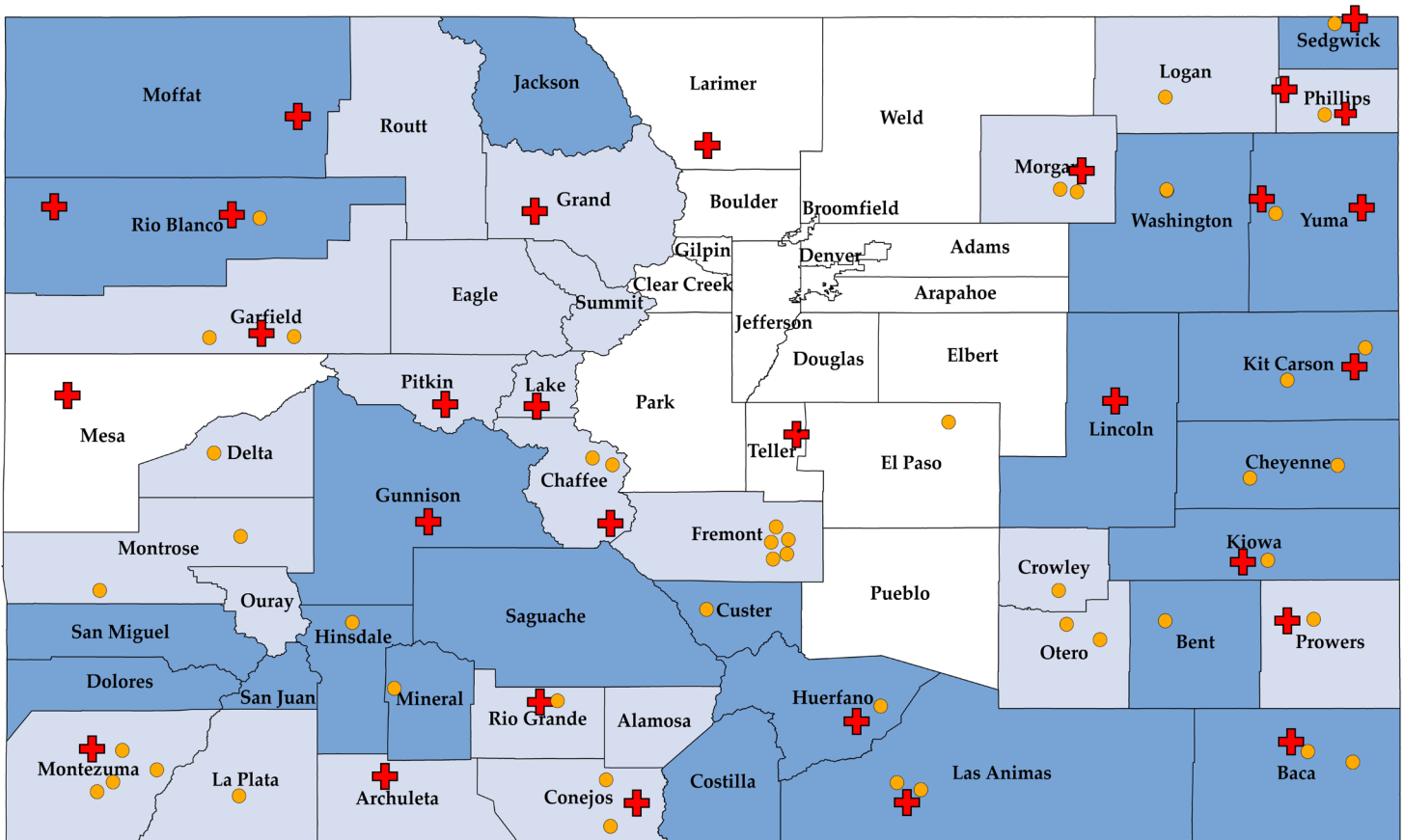
East Morgan County Hospital, Brush  
Haxtun Hospital, Haxtun  
Kit Carson County Memorial Hospital, Burlington  
Lincoln Community Hospital, Hugo  
Melissa Memorial Hospital, Holyoke  
Mt. San Rafael Hospital, Trinidad  
Prowers Medical Center, Lamar  
Sedgwick County Health Center, Julesburg  
Southeast Colorado Hospital, Springfield

Wray Community District Hospital, Wray  
Weisbrod Memorial Hospital, Eads  
Yuma District Hospital, Yuma



# COLORADO: RURAL HEALTH FACILITIES

## County Designations, 2016



- Urban
- Rural
- Frontier
- + Critical Access Hospitals
- Rural Health Clinics

0 25 50 miles

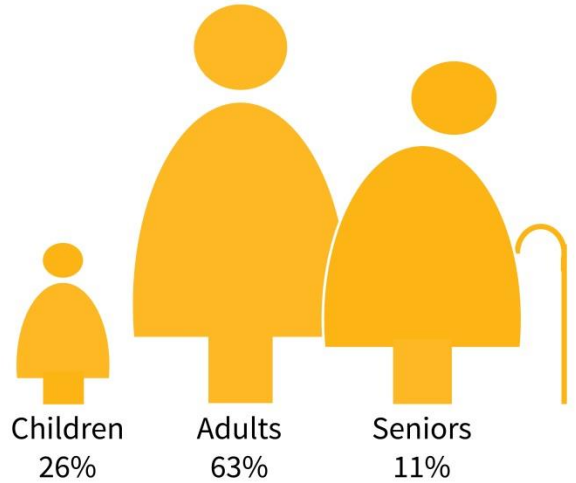
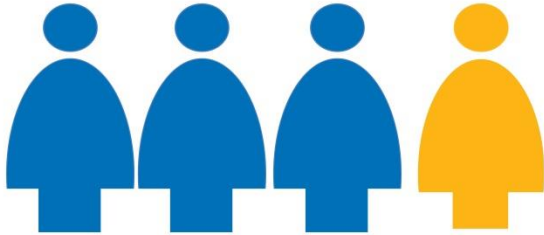
The definition of rural and frontier varies depending on the purpose of the program or policy in which they are used. Therefore, these are referred to as programmatic designations, rather than definitions. One designation commonly used to determine geographic eligibility for federal grant programs is based on information obtained through the Office of Management and Budget: *All counties that are not designated as parts of Metropolitan Areas (MAs) are considered rural.* The Colorado Rural Health Center frequently assumes this designation, as well as further classifies frontier counties as those counties with a population density of six or fewer persons per square mile. You may visit the Rural Health Grants Eligibility Advisor to determine if a county or address is designated rural, or contact the Office of Rural Health Policy at (301) 443-0835.

The information in this map was collected and geocoded by the State Office of Rural Health, current as of January 2016.

# DISTRICT HEALTH

4

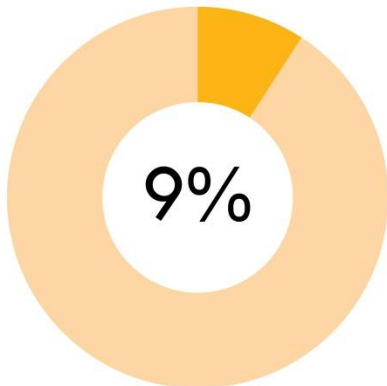
## Demographics



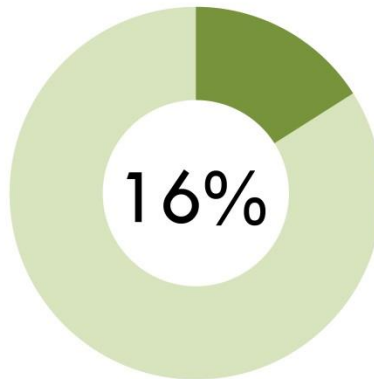
1 out of 4 (25%) **rural Coloradans live in your district**, 11% are over 65 years old

The **elderly population will increase** by 24% by 2018

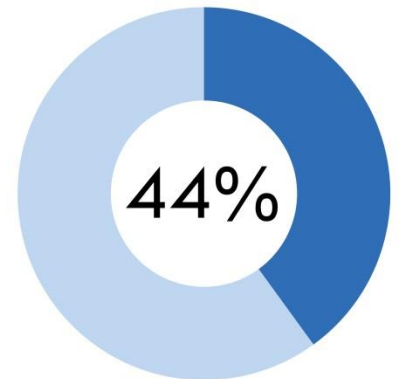
## Social Determinants



fewer students in your district graduate **high school** on time than the state average



fewer adults are **unemployed** in your district when compared to the state average



fewer **families live in poverty** in your district than the state average



**household income** in your district below state average



**cost of care per Medicare beneficiary** has decreased in your district in the last 5 years

# Health Outcomes & Access

## Mental Health

**Suicide rates** are 26% below the state average

*Colorado adults report having 3 poor mental health days in the past month*



## Oral Health

**Dentist visits** in your district are 3% above the state average

**Adult tooth loss** due to disease is 2% below the state average

*Dental disease is the leading chronic disease of children*

Nearly 40% of Colorado kids have dental decay by the time they reach kindergarten

## Aging & Chronic Disease

**Projection of seniors** by 2018: 14%

11% of the population is currently on **Medicare**

Number of adults who have **diabetes** is 10% above the state average

1 out of 25 people in your district have **heart disease**

72 people die of **chronic lower respiratory disease** annually in your district, per 100,000

*Nationally, 7 out of 10 deaths are due to chronic disease*



## Reproductive

**Infant mortality** is 3% below the state average

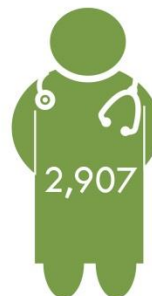
*Infant mortality is twice as high for the poorest 20% of the nation*

44% of **births are to teens**, the state average is 39%

**Prenatal care** is accessed by 74% of expecting mothers

## Patients per Provider • in Your District •

State Average



2,907

Dentists  
2,326



5,931

Mental Health  
5,066



1,980

Primary Care  
1,600

**COLORADO  
RURAL HEALTH  
CENTER**

*The State Office of Rural Health*

3033 S Parker Rd., Ste. 606  
Aurora, CO 80014  
303.832.7493 • 800.851.6782  
info@coruralhealth.org  
www.coruralhealth.org

Data that was included must represent at least a 20% variance between district and rural/state averages. Data was compiled from various public databases, contact CRHC for more information.