

August 1, 2022

Colorado Rural Health Center Mental Health, Burnout and Resiliency Training Series

REQUEST FOR PROPOSAL

Colorado Rural Health Center (CRHC) is accepting proposals from health professionals with an expertise in mental health, resiliency and/or burnout to provide an educational and training series for community health workers, patient navigators and other professionals with care coordination responsibilities. We invite your company to submit a proposal to us by **September 1, 2022**, for consideration. A description of our organization, the services needed, and other pertinent information follows.

Background of the Colorado Rural Health Center

The Colorado Rural Health Center is Colorado's nonprofit State Office of Rural Health. CRHC works with federal, state, and local partners to offer services and resources to rural healthcare providers, facilities, and communities. CRHC has a diverse and inclusive statewide constituency of over 3,500 individuals and organizations. Annual revenues are approximately 5.9 million dollars, and the organization employs 16 people.

Services to be Performed

Your proposal is expected to cover the following services:

1. An educational and training series focusing on mental health, wellness, burnout, and resiliency as it pertains to the healthcare workforce.
2. Consideration for health professionals practicing and residing in **rural areas** should be made.
3. Additional resources that will be distributed and made available to all participants.

Key Personnel

Following are key contacts for information you may seek in preparing your proposal:

Emilee Vuksta	Workforce Projects Manager	720-248-2745
Sara Leahy	Director of Member Services	518-577-7746

Please return the completed proposal electronically to:
sl@coruralhealth.org and evuksta@coruralhealth.org

Your Response to This Request for Proposal

In responding to this request, we expect the following information:

1. A description of the educational series to be completed over 3 distinct sessions and that address (at minimum) 1) professional burnout 2) worker wellness 3) mental health
2. Additional resources for support and follow-up to be distributed to participants
3. Curated instructor guides to allow for replication of the series
4. A detailed cost breakdown for all educational and training services provided

Other Details

1. CRHC's will communicate regularly with our members regarding registration, follow-up meetings to discuss feedback from meetings

Evaluation of Proposals

CRHC will evaluate proposals on a qualitative and quantitative basis. This includes our review of your response answers with special consideration of the company's fee schedule, results of discussions with other clients, professional references, and the company's completeness and timeliness in its response to us.

Please submit your response to this Request for Proposal by **September 1st, 2022** and thank you in advance for your interest in this partnership.