



*Northwest*

# SNAPSHOT OF RURAL HEALTH IN COLORADO

- 2023 -

 **COLORADO  
RURAL HEALTH  
CENTER**

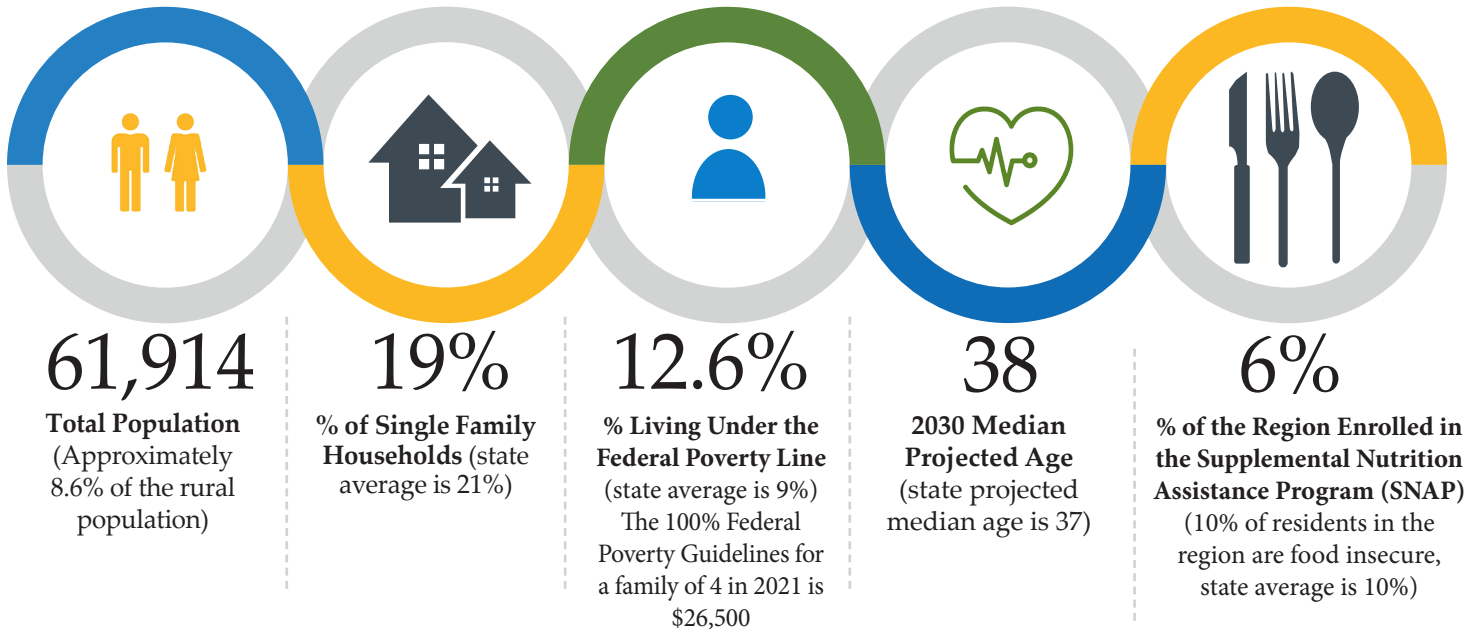
*The State Office of Rural Health*

# NORTHWEST REGION

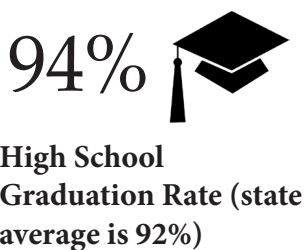
Counties Included: Grand, Jackson, Moffat, Rio Blanco, Routt



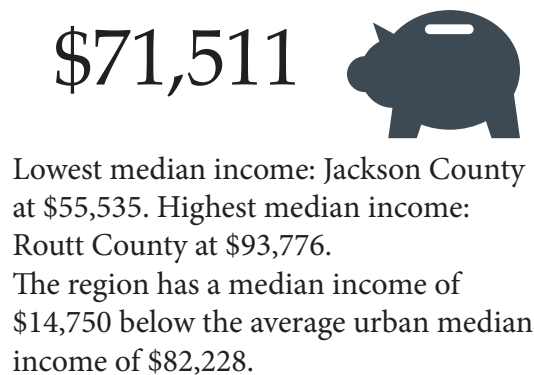
## DEMOGRAPHICS



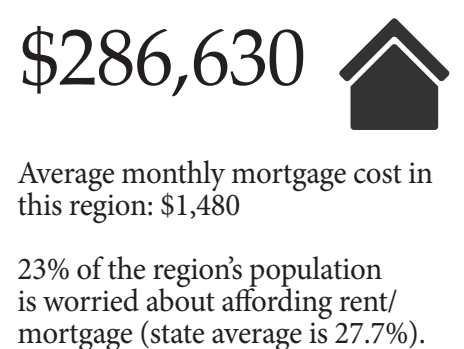
## HIGH SCHOOL GRADUATION



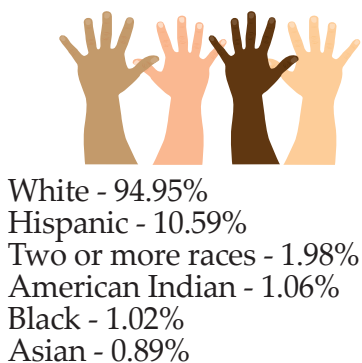
## MEDIAN INCOME



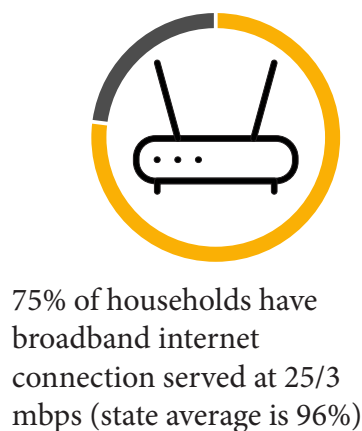
## MEDIAN HOME PRICE



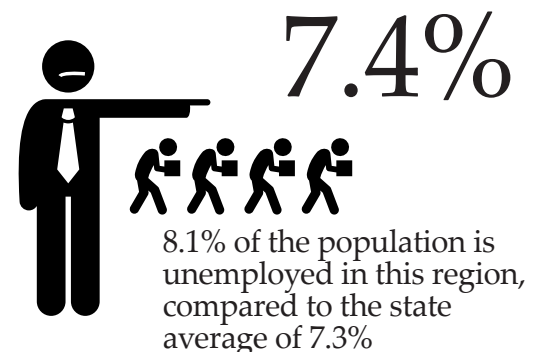
## RACE/ETHNICITY



## BROADBAND



## UNEMPLOYMENT



## HEALTH OUTCOMES AND DELIVERY

61% 

**Adults Overweight or Obese**

(state average is 61%)

Lowest Obesity:

Routt County at 50%

Highest Obesity: Moffat at 70%

8% 

**Adult Diabetes**

(compared to the state average of 7%)

 445

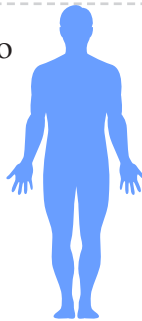
Telehealth visits per 1000 residents

Top Service Provider: Behavioral Health (37% of telehealth visits)

**Average Life Expectancy in this Region:**

82

The Colorado average is 80 years.



**Average Years of Potential Life Lost in this Region:**

6,076

This is a measure of premature mortality intended to highlight deaths that could have been prevented.

## MENTAL AND BEHAVIORAL HEALTH

Average number of mentally unhealthy days in this region

4.3



2021 regional Drug-related overdose deaths

18



Age-adjusted rate of opioid prescriptions per 1000 population

420



2021 regional lives lost to suicide (89% men)

17



## REGIONAL PROVIDERS PER PATIENT



Regional Physicians: 1:1091  
State Physicians: 1:1202



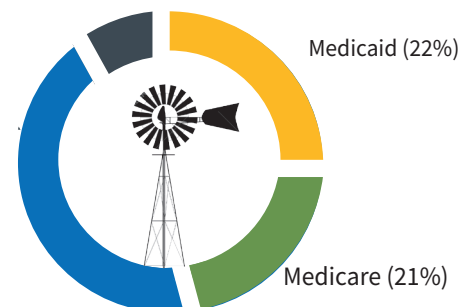
Regional Dentists: 1:1414  
State Dentists: 1:1208



Regional Mental Health Providers: 1:391  
State Mental Health Providers: 1:250

## PAYER MIX

Uninsured (11%)



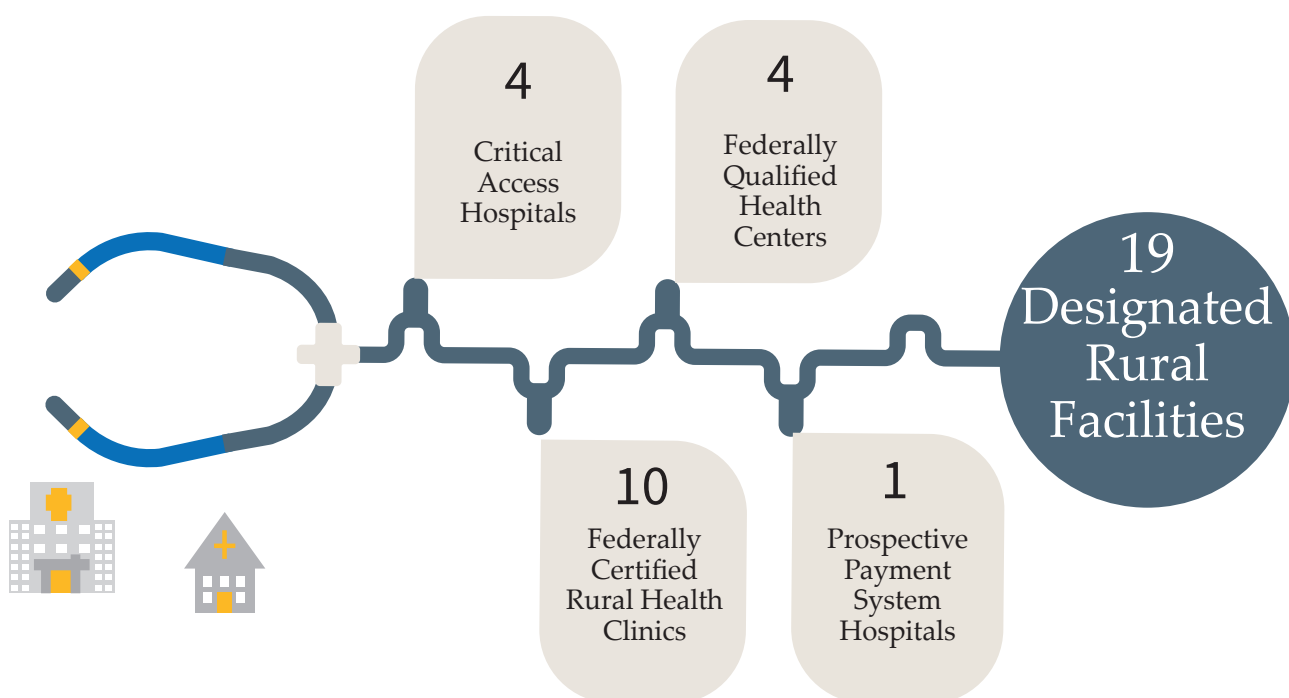
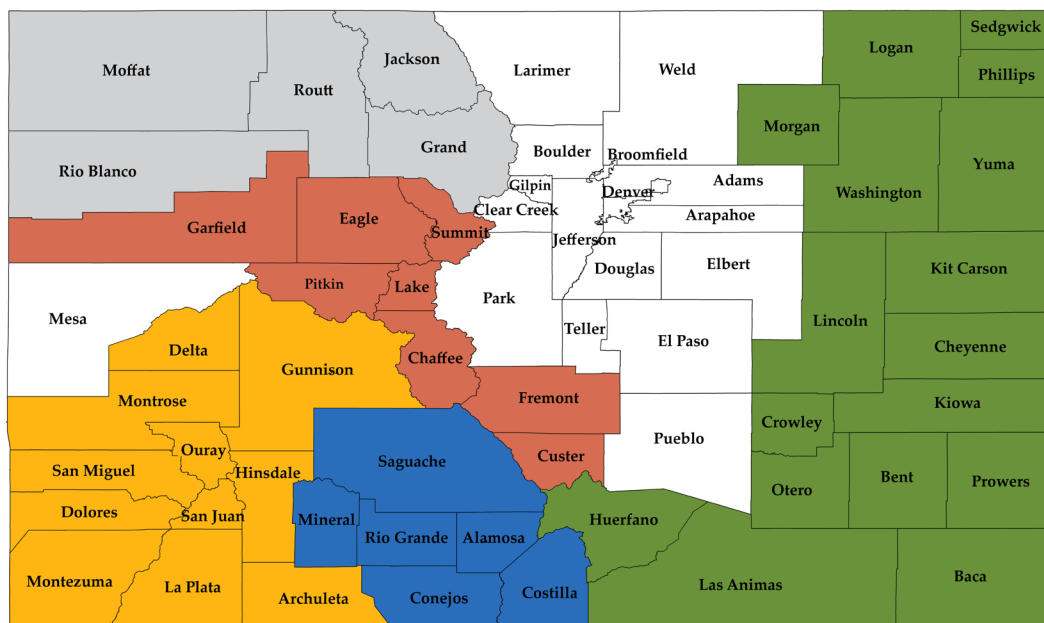
Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured categories. To arrive at a comprehensive interpretation of payer mix, different sources were utilized with the assumption that all values will sum to 100%. Please see citation sheet for more details.



# See all of the Regional Snapshot Reports at [coruralhealth.org/policy](http://coruralhealth.org/policy)

## REGIONS

- Grey - Northwest
- Red - Resort West
- Yellow - Southwest
- Blue - San Luis Valley
- White - Urban
- Green - Eastern Plains



For a detailed list of Snapshot data sources, please visit [coruralhealth.org](http://coruralhealth.org)