Northwest

Snapshot of Rural Health in Colorado

- 2023 -

Colorado Rural Health Center

The State Office of Rural Health
**Lowest median income:** Jackson County at $55,535. **Highest median income:** Routt County at $93,776. The region has a median income of $14,750 below the average urban median income of $82,228.

**Total Population:** 61,914 (Approximately 8.6% of the rural population)

**% of Single Family Households:** 19% (state average is 21%)

**% Living Under the Federal Poverty Line:** 12.6% (state average is 9%)

**2030 Median Projected Age:** 38 (state projected median age is 37)

**% of the Region Enrolled in the Supplemental Nutrition Assistance Program (SNAP):** 6% (10% of residents in the region are food insecure, state average is 10%)

**High School Graduation Rate:** 94% (state average is 92%)

**Median Income:** $71,511

Lowest median income: Jackson County at $55,535. Highest median income: Routt County at $93,776. The region has a median income of $14,750 below the average urban median income of $82,228.

**Median Home Price:** $286,630

Average monthly mortgage cost in this region: $1,480

23% of the region's population is worried about affording rent/mortgage (state average is 27.7%).

**RACE/ETHNICITY**

White - 94.95%
Hispanic - 10.59%
Two or more races - 1.98%
American Indian - 1.06%
Black - 1.02%
Asian - 0.89%

**BROADBAND**

75% of households have broadband internet connection served at 25/3 mbps (state average is 96%)

**UNEMPLOYMENT**

7.4%

8.1% of the population is unemployed in this region, compared to the state average of 7.3%
HEALTH OUTCOMES AND DELIVERY

61% Adults Overweight or Obese
(state average is 61%)
Lowest Obesity: Routt County at 50%
Highest Obesity: Moffat at 70%

8% Adult Diabetes
(compared to the state average of 7%)

445 Telehealth visits per 1000 residents
Top Service Provider: Behavioral Health
(37% of telehealth visits)

Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured categories. To arrive at a comprehensive interpretation of payer mix, different sources were utilized with the assumption that all values will sum to 100%. Please see citation sheet for more details.

MENTAL AND BEHAVIORAL HEALTH

Average Life Expectancy in this Region:
The Colorado average is 80 years.

Average Years of Potential Life Lost in this Region:
This is a measure of premature mortality intended to highlight deaths that could have been prevented.

82
6,076

REGIONAL PROVIDERS PER PATIENT

Regional Physicians: 1:1091
State Physicians: 1:1202
Regional Dentists: 1:1414
State Dentists: 1:1208
Regional Mental Health Providers: 1:391
State Mental Health Providers: 1:250

PAYER MIX

Private Pay (46%)
Medicaid (22%)
Medicare (21%)
Uninsured (11%)

Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured categories. To arrive at a comprehensive interpretation of payer mix, different sources were utilized with the assumption that all values will sum to 100%. Please see citation sheet for more details.
For a detailed list of Snapshot data sources, please visit coruralhealth.org