

SNAPSHOT OF RURAL HEALTH IN COLORADO

-2023 -



C LORADO RURAL HEALTH CENTER

The State Office of Rural Health

NORTHWEST REGION

Counties Included: Grand, Jackson, Moffat, Rio Blanco, Routt

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DEMOGRAPHICS



61,914

Total Population (Approximately 8.6% of the rural population)

19%

% of Single Family Households (state average is 21%)

12.6%

% Living Under the Federal Poverty Line (state average is 9%) The 100% Federal Poverty Guidelines for a family of 4 in 2021 is \$26,500 20

2030 Median Projected Age (state projected median age is 37) 6%

% of the Region Enrolled in the Supplemental Nutrition Assistance Program (SNAP)

(10% of residents in the region are food insecure, state average is 10%)

HIGH SCHOOL GRADUATION



High School Graduation Rate (state average is 92%)

MEDIAN INCOME

\$71,511



Lowest median income: Jackson County at \$55,535. Highest median income: Routt County at \$93,776.

The region has a median income of \$14,750 below the average urban median income of \$82,228.

MEDIAN HOME PRICE

\$286,630



Average monthly mortgage cost in this region: \$1,480

23% of the region's population is worried about affording rent/mortgage (state average is 27.7%).

RACE/ETHNICITY



White - 94.95% Hispanic - 10.59% Two or more races - 1.98% American Indian - 1.06% Black - 1.02% Asian - 0.89%

BROADBAND



75% of households have broadband internet connection served at 25/3 mbps (state average is 96%)

UNEMPLOYMENT



HEALTH OUTCOMES AND DELIVERY



Adults Overweight or Obese

(state average is 61%)

Lowest Obesity: Routt County at 50%

Highest Obesity: Moffat at 70%



Adult Diabetes

(compared to the state average of 7%)



Top Service Provider: Behavioral Health (37% of telehealth visits)

Average Life Expectancy in this Region:

The Colorado average is 80 years.

Average Years of Potential Life Lost in this Region:

This is a measure of premature mortality intended to highlight deaths that could have been prevented.

MENTAL AND BEHAVIORAL HEALTH

Average number of mentally unhealthy days in this region



2021 regional Drugrelated overdose deaths



Age-adjusted rate of opioid prescriptions per 1000 population



2021 regional lives lost to suicide (89% men)





REGIONAL PROVIDERS PER PATIENT

PAYER MIX

Uninsured (11%)



Regional Dentists: 1:1414 State Dentists: 1:1208



Private Pay (46%)

Medicaid (22%) Medicare (21%)

Regional Physicians: 1:1091 State Physicians: 1:1202

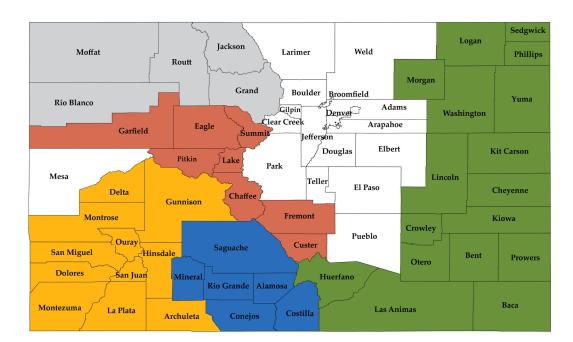
Regional Mental Health Providers: 1:391 State Mental Health Providers: 1:250

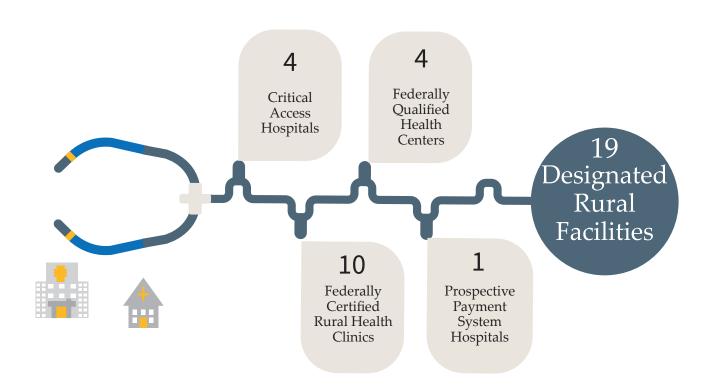
> Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured categories. To arrive at a comprehensive interpretation of payer mix, different sources were utilized with the assumption that all values will sum to 100%. Please see citation sheet for more details.

See all of the Regional Snapshot Reports at coruralhealth.org/policy

REGIONS

- Grey Northwest
- Red Resort West
- Yellow Southwest
- Blue San Luis Valley
- White Urban
- Green Eastern Plains





For a detailed list of Snapshot data sources, please visit coruralhealth.org