

# SAN LUIS VALLEY REGION

Counties Included: Alamosa, Conejos, Costilla, Mineral, Rio Grande, Saguache

#### **DEMOGRAPHICS**



46,549

**Total Population** (Approximately 6.5% of the rural population)

23%

% of Single Family Households (state average is 21%) 18%

% Living Under the Federal Poverty Line (state average is 9%) The 100% Federal Poverty Guidelines for a family of 4 in 2021 is

\$26,500

40

2030 Median Projected Age (state projected median age is 37) Las Animas Baca

21%

% of the Region Enrolled in the Supplemental Nutrition Assistance Program (SNAP)

(14% of residents in the region are food insecure, state average is 10%)

# HIGH SCHOOL GRADUATION



High School Graduation Rate (state average is 92%)

#### **MEDIAN INCOME**

\$48,381



Lowest median income: Costilla County at \$35,416. Highest median income: Mineral County at \$62,213.

The region has a median income of \$37,880 below the average urban median income of \$86,261.

# **MEDIAN HOME PRICE**

\$192,650



Average monthly mortgage cost in this region: \$1,000

41% of the region's population is worried about affording rent/mortgage (state average is 27.7%).

# RACE/ETHNICITY



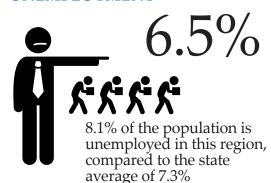
White - 89.3% Hispanic - 46.0% American Indian - 5.4% Two or more races - 2.4% Black - 1.6% Asian - 0.8%

#### **BROADBAND**



84% of households have broadband internet connection served at 25/3 mbps (state average is 96%)

#### **UNEMPLOYMENT**



#### HEALTH OUTCOMES AND DELIVERY



Adults Overweight or Obese (

state average is 61%) Lowest Obesity:

Mineral County at 37%

Highest Obesity Conejos at 70%

Adult Diabetes (state average is 7%)



Top Service Provider: Behavioral Health (39% of telehealth visits)

**Average Life Expectancy** in this Region:

The Colorado average is 80 years.

**Average Years of Potential Life Lost** in this Region:

10,752

This is a measure of premature mortality intended to highlight deaths that could have been prevented.

#### MENTAL AND BEHAVIORAL HEALTH





2021 regional Drug-

related overdose deaths



opioid prescriptions per 1000 population

Age-adjusted rate of

suicide (75% men, 15% veterans)

2021 regional lives lost to







### REGIONAL PROVIDERS PER PATIENT

## **PAYER MIX**

Private Pay (9%)



Regional Dentists: 1:1524 State Dentists: 1:1208



Medicaid (49%)

Medicare (28%) Uninsured (14%)

Regional Physicians: 1:1575 State Physicians: 1:1202

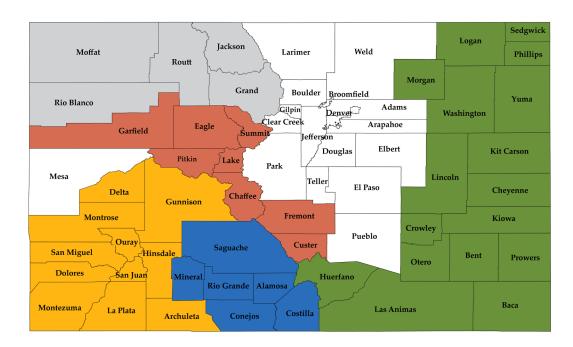
Regional Mental Health Providers: 1:187 State Mental Health Providers: 1:250

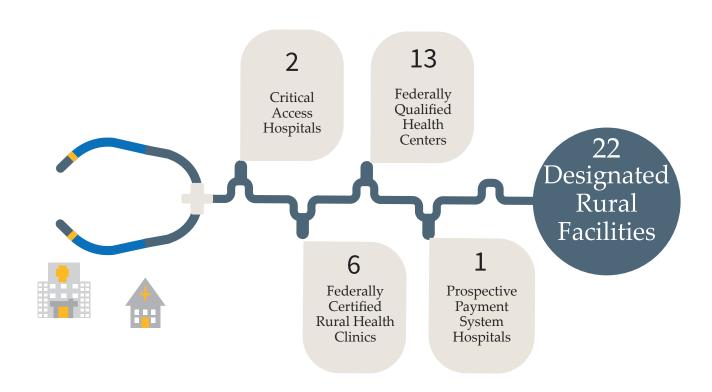
> Note: Private Pay/Other is an estimation based off the summing of Medicaid, Medicare, and Uninsured categories. To arrive at a comprehensive interpretation of payer mix, different sources were utilized with the assumption that all values will sum to 100%. Please see citation sheet for more details.

# See all of the Regional Snapshot Reports at coruralhealth.org/policy

#### **REGIONS**

- Grey Northwest
- Red Resort West
- Yellow Southwest
- Blue San Luis Valley
- White Urban
- Green Eastern Plains





For a detailed list of Snapshot data sources, please visit coruralhealth.org