

Northwest

SNAPSHOT OF RURAL HEALTH IN COLORADO

- 2024 -

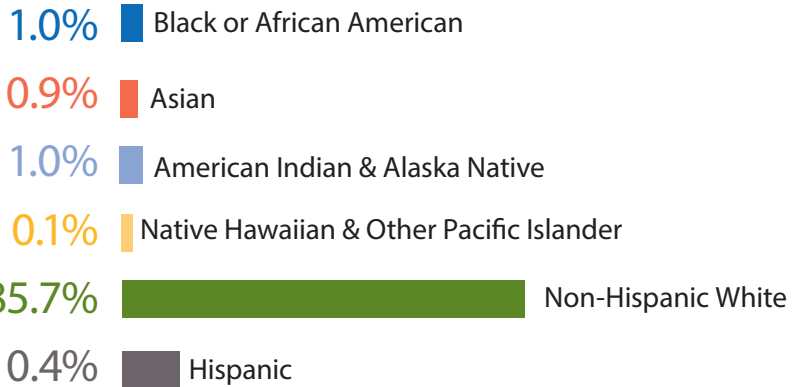
 **OLORADO
RURAL HEALTH
CENTER**

The State Office of Rural Health



Northwest Region

RACE AND ETHNICITY



5 counties

Counties Included: Grand, Jackson, Moffat, Rio Blanco, Routt

62,120

The estimated population in 2023. This is 8.6% of total rural population.

43 Median Projected Age

82 Average life expectancy

19% of population that are < 18

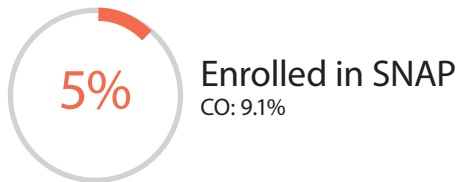
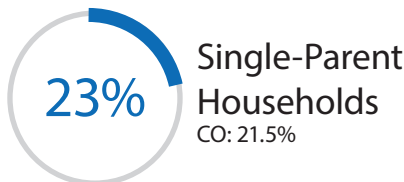
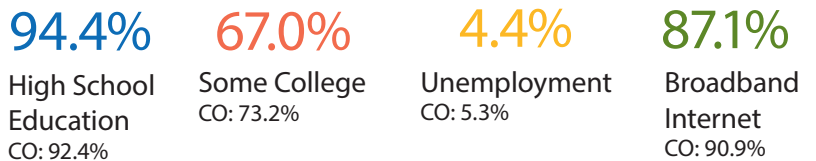
19% of population that are 65 +



RURAL: A non-metropolitan county containing no municipalities over 50,000 residents.

FRONTIER: A county with a population density of 6 or fewer residents per square mile.

SOCIAL DETERMINANTS OF HEALTH



\$71,511
Median Household Income
CO: \$82,228

8% Living Under Federal Poverty Line
The Census threshold for a family with two adults and one child was \$23,556 in 2022.

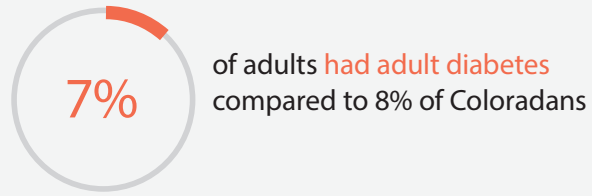
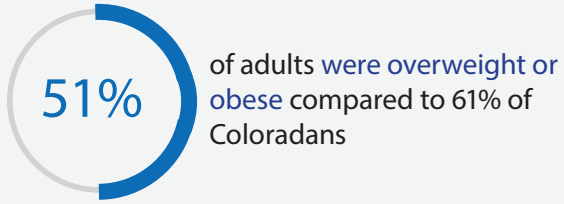
HOUSING

14% of households spend 50% or more of their income on housing

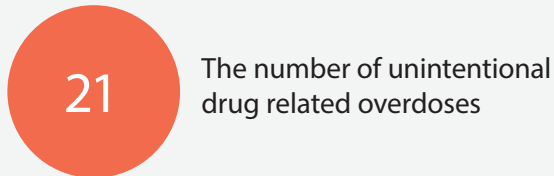
\$506,495
Median Home Price 2023
CO: \$385,537

\$3,045
Average Monthly Mortgage 2023
CO: \$2,318

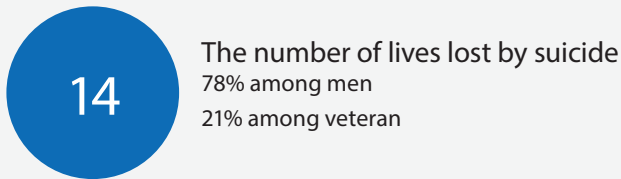
HEALTH OUTCOMES



MENTAL AND BEHAVIORAL HEALTH



7% of the population experienced poor mental health on 14+ days of past 30 days



419.8 per 1,000 population age-adjusted opioid perscriptions dispensed

PATIENT TO PROVIDER RATIO



Regional Physicians: 1,147:1
State Physicians: 1,204:1



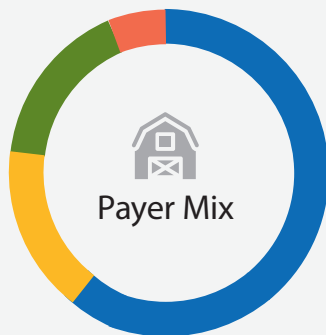
Regional Mental Health Providers: 378:1
State Mental Health: 234:1



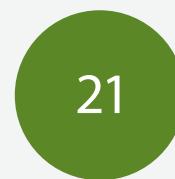
Regional Dentists: 1,347:1
State Dentists: 1,183:1

 445 Telehealth visits per 1,000 residents
37% of all payer telehealth visits were for behavioral health

ACCESS TO CARE



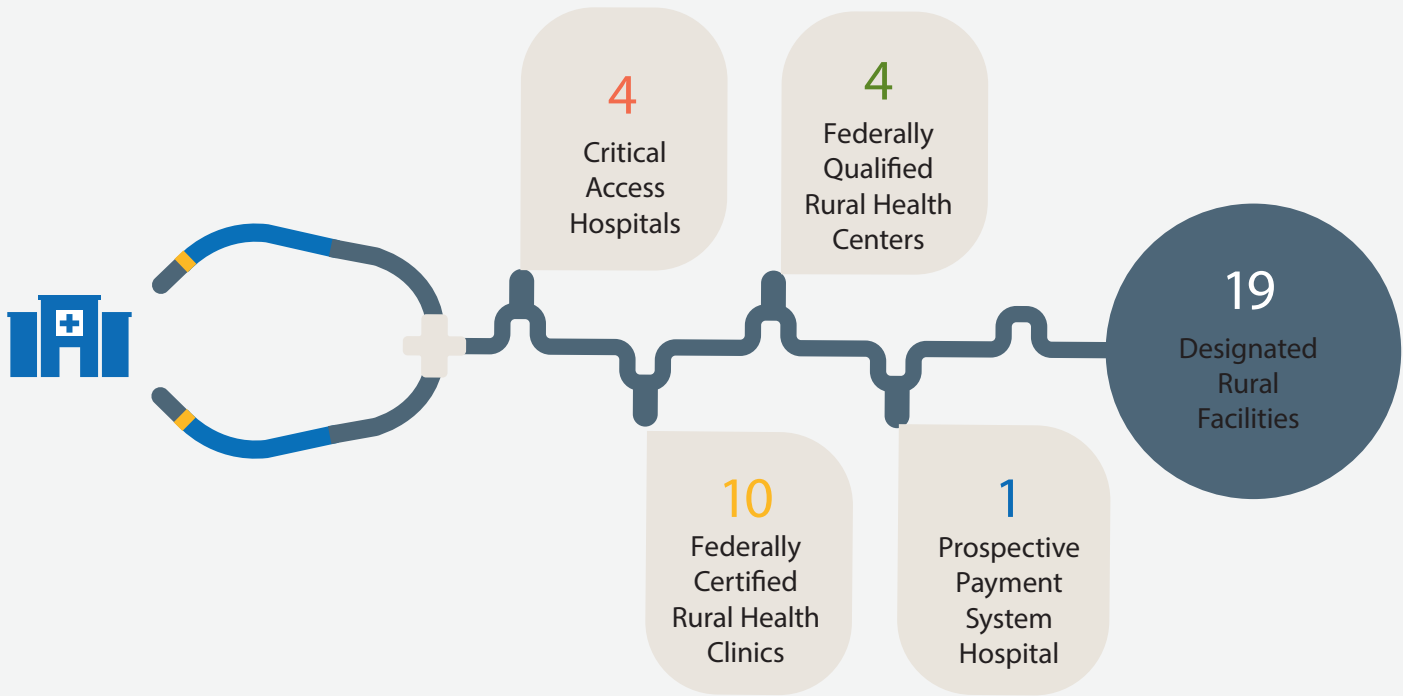
68.8% Private Payer
16.0% Medicaid alone/
or in combination
17.8% Medicare alone/
or in combination
9.9% Uninsured



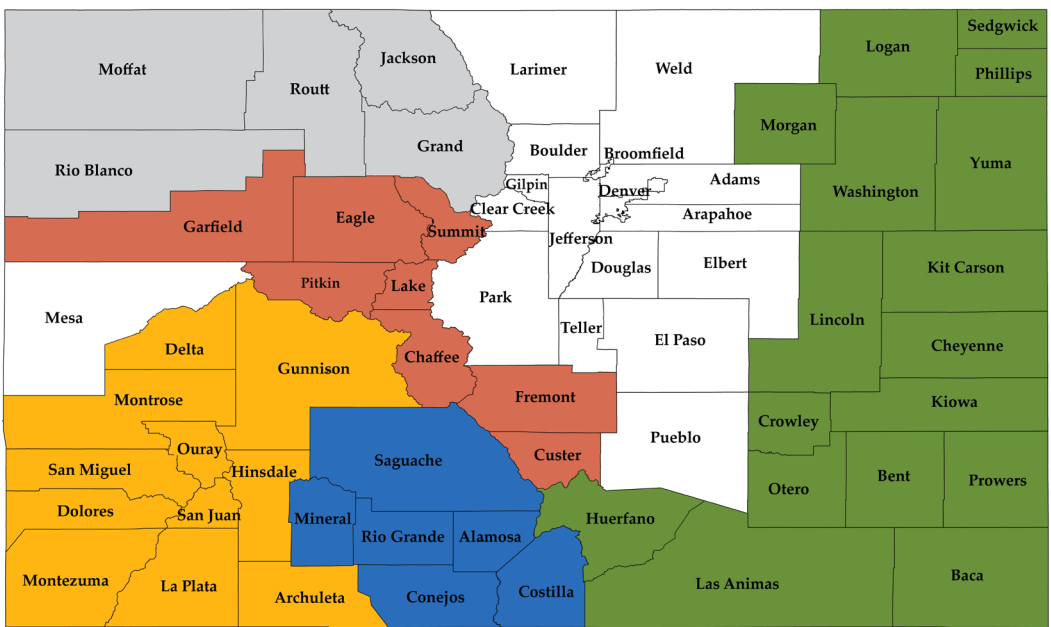
Age adjusted rate per 100,000 population for late stage breast cancer diagnosis in Northwest Colorado

Average Years of Potential Life Lost: **6,076**

Designated Rural Facilities



REGIONS



- Northwest
- Resort West
- Southwest
- San Luis Valley
- Eastern Plains
- Urban

Regions are grouped based on geographic and economic similarities

For a detailed list of Snapshot data sources, please visit coruralhealth.org