

*Northwest*

# SNAPSHOT OF RURAL HEALTH IN COLORADO

- 2024 -

 **OLORADO  
RURAL HEALTH  
CENTER**

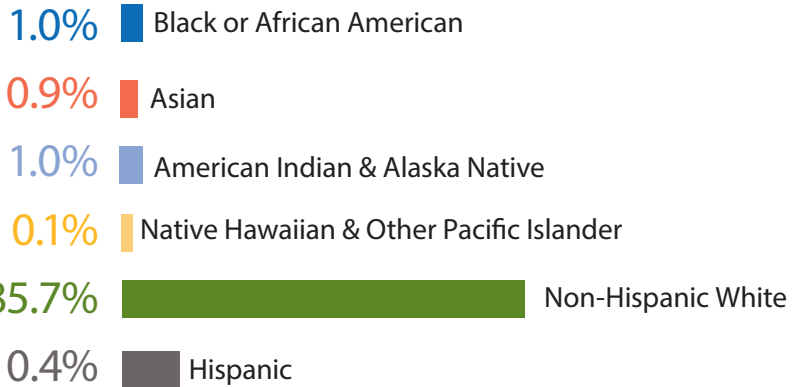
*The State Office of Rural Health*





# Northwest Region

## RACE AND ETHNICITY



## 5 counties

Counties Included: Grand, Jackson, Moffat, Rio Blanco, Routt

## 62,120

The estimated population in 2023. This is 8.6% of total rural population.

## 43 Median Projected Age

## 82 Average life expectancy

19% of population that are < 18

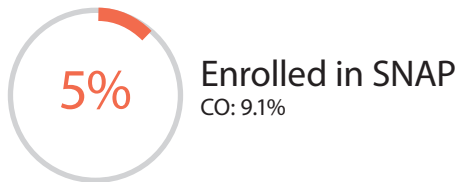
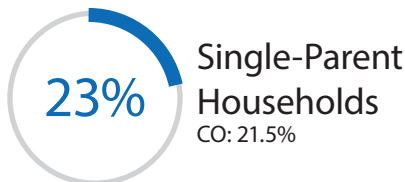
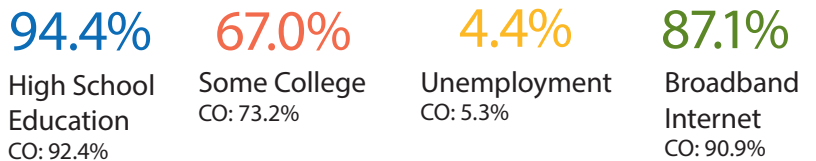
19% of population that are 65 +



**RURAL:** A non-metropolitan county containing no municipalities over 50,000 residents.

**FRONTIER:** A county with a population density of 6 or fewer residents per square mile.

## SOCIAL DETERMINANTS OF HEALTH



**\$71,511** Median Household Income (CO: \$82,228)

8% Living Under Federal Poverty Line  
The Census threshold for a family with two adults and one child was \$23,556 in 2022.

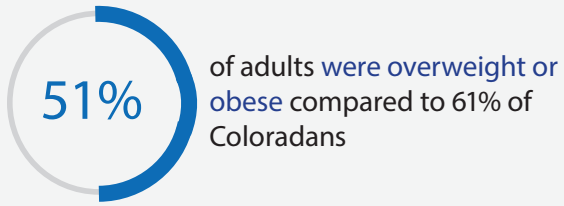
## HOUSING

14% of households spend 50% or more of their income on housing

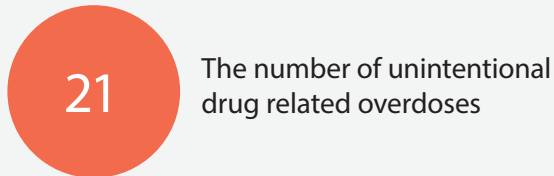
**\$506,495** Median Home Price 2023 (CO: \$385,537)

**\$3,045** Average Monthly Mortgage 2023 (CO: \$2,318)

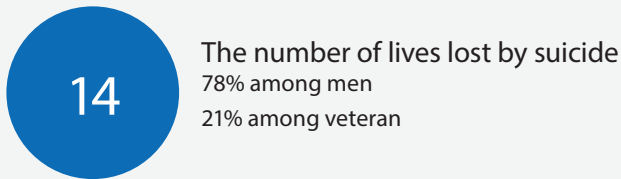
## HEALTH OUTCOMES



## MENTAL AND BEHAVIORAL HEALTH



7% of the population experienced poor mental health on 14+ days of past 30 days



419.8 per 1,000 population age-adjusted opioid perscriptions dispensed

## PATIENT TO PROVIDER RATIO




Regional Physicians: 1,147:1  
State Physicians: 1,204:1



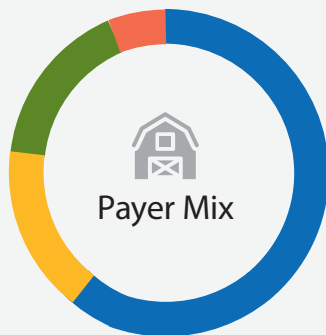
Regional Mental Health Providers: 378:1  
State Mental Health: 234:1



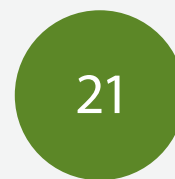
Regional Dentists: 1,347:1  
State Dentists: 1,183:1

 445 Telehealth visits per 1,000 residents  
37% of all payer telehealth visits were for behavioral health

## ACCESS TO CARE



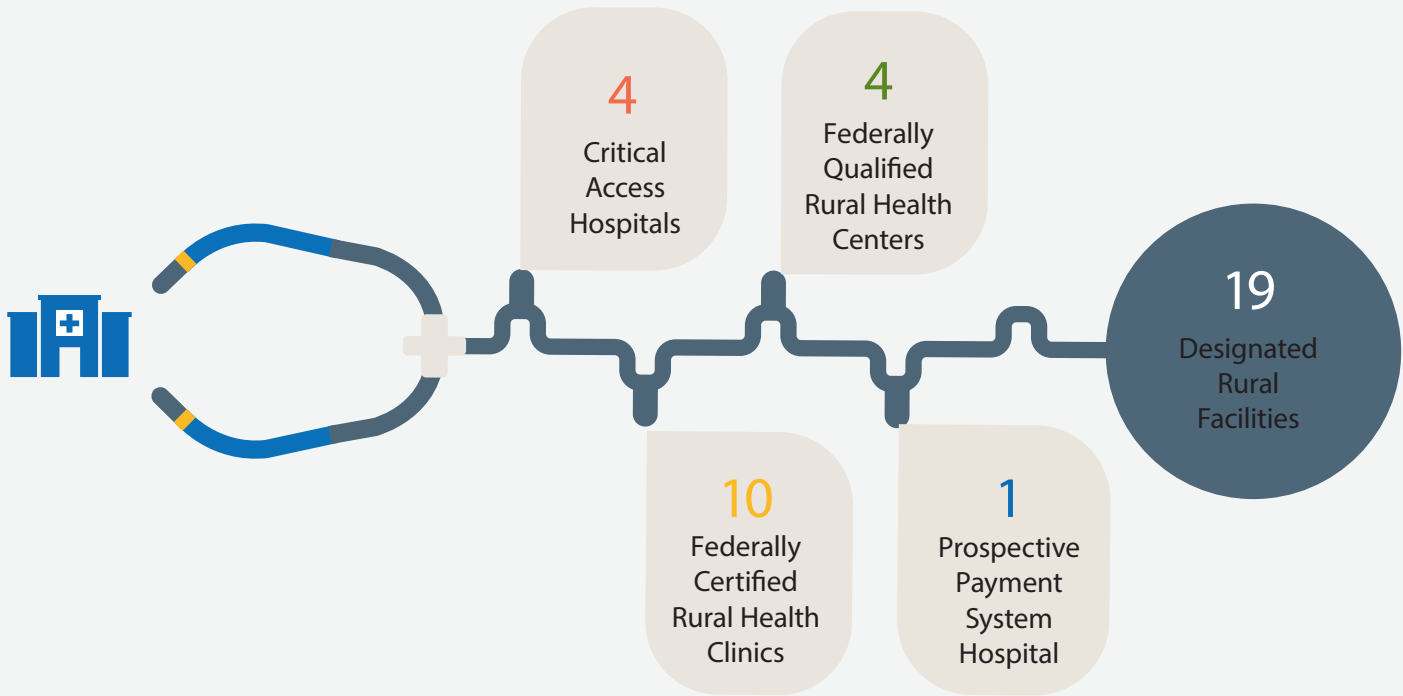
68.8% Private Payer  
16.0% Medicaid alone/  
or in combination  
17.8% Medicare alone/  
or in combination  
9.9% Uninsured



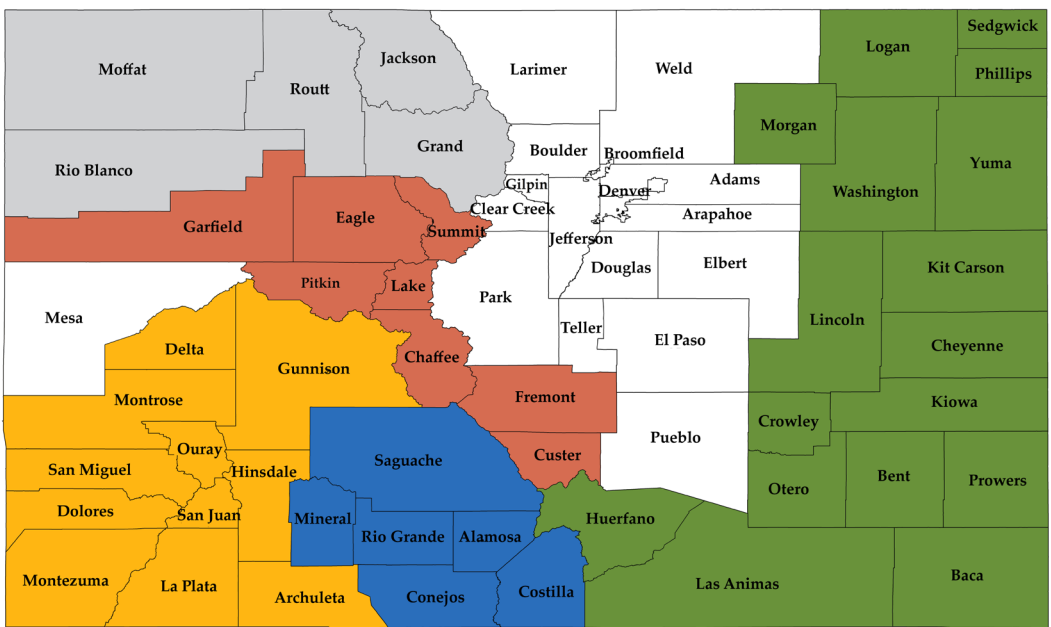
Age adjusted rate per 100,000 population for late stage breast cancer diagnosis in Northwest Colorado

Average Years of Potential Life Lost: **6,076**

# Designated Rural Facilities



## REGIONS



- Northwest
- Resort West
- Southwest
- San Luis Valley
- Eastern Plains
- Urban

Regions are grouped based on geographic and economic similarities

For a detailed list of Snapshot data sources, please visit [coruralhealth.org](http://coruralhealth.org)

**COLORADO RURAL HEALTH CENTER** | *The State Office of Rural Health*

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